



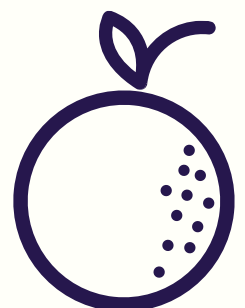
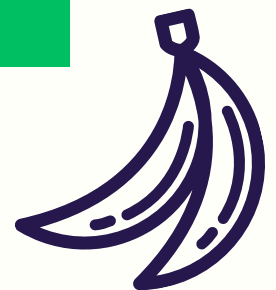
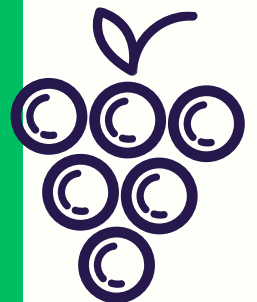
TALKS FOR GLAD HEART: FOR TEEN

Psalm 30:11

**GLAD HEART COUNSELING &
EQUIPPING CENTER**

**4575 WESTGROVE DR. SUITE 101,
ADDISON, TX 75001**

469-907-5150



HUG LIGHT, HUG YOURSELF

A giant living in me: Anger
Understanding teens' mind
5 Love languages
How to overcome hurts
Recovery from bullying
Emotional intelligence
Self-identity
Resilience

Small Group: Form your own small group
(4 people max)

of Session: 4 sessions

Topic: Group members pick 4 topics in the
list above

Time, Date, & Fee: Ask via email

